



## INTERNATIONAL WEIGHTLIFTING FEDERATION

### Weightlifting

#### A. EVENTS (15)

Men's Events (8)	Women's Events (7)
56kg	48kg
62kg	53kg
69kg	58kg
77kg	63kg
85kg	69kg
94kg	75kg
105kg	+75kg
+105kg	

#### B. ATHLETES QUOTA

##### 1. Total Quota for Weightlifting:

	Qualification Places	Host Country Places	Tripartite Commission Invitation Places	Total
Men	147	3	6	156
Women	98	2	4	104
<b>Total</b>	<b>245</b>	<b>5</b>	<b>10</b>	<b>260</b>

##### 2. Maximum Number of Athletes per NOC:

	Quota per NOC	Event Specific Quota
Men	6	Maximum 2 athletes per event
Women	4	Maximum 2 athletes per event
<b>Total</b>	<b>10</b>	

##### 3. Type of Allocation of Quota Places:

The quota place is allocated to the NOC in the following qualification events:

- 2014 and 2015 IWF World Championships
- 2016 Continental Championships

The quota place is allocated to the athlete by name in the Individual Qualification. Should an NOC qualify more than one (1) athlete through the Individual Qualification, the NOC can decide which of these athletes will get the quota place.



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### C. ATHLETE ELIGIBILITY

All athletes must comply with the provisions of the Olympic Charter currently in force, including but not limited to, Rule 41 (Nationality of Competitors). Only those athletes who have complied with the Olympic Charter may participate in the Olympic Games.

#### Age Requirements

All athletes participating in the Rio 2016 Olympic Games must be born on/or before 31 December 2001.

#### Medical and Anti-Doping Requirements:

To be eligible to participate in the qualification events for the Rio 2016 Olympic Games, all athletes must undergo anti-doping controls in accordance with the WADA-IWF Anti-Doping Policy, as follows:

1. In accordance with the IWF Anti-Doping Policy (“ADP”) (12.3.1.G) if **nine (9) or more violations** of these Anti-Doping Rules (other than those under articles 2.4 or 10.3) are committed by Athletes or other Persons affiliated with a Member Federation (“MF”) **within a Calendar year period** in testing conducted by the IWF or Anti-Doping Organizations other than the National or its National Anti-Doping Organization, then the IWF Executive Board may suspend that MF’s membership for a period of up to four (4) years. In addition, such MF/National Olympic Committee (“NOC”) shall not be permitted to enter competitors for the next ensuing Youth Olympic /Olympic Games. If such MF is permitted to compete in any Olympic Qualifying event prior to the next ensuing Youth Olympic /Olympic Games, the MF shall not secure any Olympic qualifying points in such event.
2. In case **four (4) or five (5)** violations of these Anti-Doping Rules (other than those under ADP articles 2.4 or 10.3) are committed by Athletes or other Persons affiliated with a Member Federation (“MF”) **during the Rio Olympic Games qualification period**, on In- and Out-of-Competition Control, with regard to any age group athletes - in case the IWF Executive Board does not suspend the MF concerned according to Point 1. - the IWF may withdraw **one (1) quota place** from that MF/NOC with regard to the ensuing Olympic Games.
3. In case **six (6) or more** violations of these Anti-Doping Rules, (other than those under Articles 2.4 or 10.3) are committed by Athletes or other Persons affiliated with a Member Federation (“MF”) **during the Rio Olympic Games qualification period**, on In- and Out-of-Competition Control, with regard to any age group athletes - in case the IWF Executive Board does not suspend the MF concerned according to Point 1. - the IWF may withdraw **two (2) quota places** from that MF/NOC with regard to the ensuing Olympic Games.
4. The quota places withdrawn in accordance with Sections 1. 2. and 3. above shall be reallocated by the IWF in accordance with the reallocation process as detailed in **paragraph F. Reallocation of Unused Quota Places**.

#### Additional Requirements:

To be eligible to participate in the Rio 2016 Olympic Games, all athletes except athletes invited by the Tripartite Commission must have participated in a minimum of two (2) qualification events, as per the list below.

To be eligible to participate in the Rio 2016 Olympic Games, athletes invited by the Tripartite Commission must have participated in a minimum of one (1) qualification event, as per the list below.



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List of Rio 2016 qualification events:

- 2014 Commonwealth Games
- 2014 IWF World Championships
- 2014 Asian Games
- 2014 IWF Grand Prix(s)
- 2015 IWF Junior World Championships
- 2015 Pacific Games
- 2015 Pan-American Games
- 2015 IWF World Championships
- 2015 IWF Grand Prix(s)
- 2016 Continental Qualification Events
- 2016 IWF Grand Prix(s)

### D. QUALIFICATION PATHWAY

#### QUALIFICATION PLACES

The qualification events are listed in hierarchical order of qualification.

The calculation of the Qualification Places is based on the Final Results (i.e. after closure of all proceedings) of the respective Qualification Event.

#### MEN

Number of Quota Places	Qualification Events	Quota Place Allocated to:																		
<b>108</b>	<p><b>2014 and 2015 IWF World Championships</b></p> <p>NOCs earn quota places according to their position in the combined Team Classification by points, adding those scored in the 2014 and 2015 IWF World Championships.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="background-color: #cccccc;">NOC's ranking in the combined Team Classification</th> <th style="background-color: #cccccc;">Number of quota places per NOC</th> <th style="background-color: #cccccc;">Total Number of quota places</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">1 to 6</td> <td style="text-align: center;">6</td> <td style="text-align: center;">36</td> </tr> <tr> <td style="text-align: center;">7 to 12</td> <td style="text-align: center;">5</td> <td style="text-align: center;">30</td> </tr> <tr> <td style="text-align: center;">13 to 18</td> <td style="text-align: center;">4</td> <td style="text-align: center;">24</td> </tr> <tr> <td style="text-align: center;">19 to 24</td> <td style="text-align: center;">3</td> <td style="text-align: center;">18</td> </tr> <tr> <td></td> <td></td> <td style="text-align: center;"><b>108</b></td> </tr> </tbody> </table> <p>The team points at both World Championships are earned by maximum six (6) athletes per NOC and only for the Total Results as per the IWF Technical and Competition Rules &amp; Regulations (IWF TCRR) Section 6.8.3 and 6.8.5. (<a href="http://www.iwf.net/wp-content/uploads/downloads/2013/10/IWF-TCRR-September-2013.pdf">http://www.iwf.net/wp-content/uploads/downloads/2013/10/IWF-TCRR-September-2013.pdf</a>). The best six (6) athletes' results will be considered for the Team Classification.</p>	NOC's ranking in the combined Team Classification	Number of quota places per NOC	Total Number of quota places	1 to 6	6	36	7 to 12	5	30	13 to 18	4	24	19 to 24	3	18			<b>108</b>	<b>NOC</b>
NOC's ranking in the combined Team Classification	Number of quota places per NOC	Total Number of quota places																		
1 to 6	6	36																		
7 to 12	5	30																		
13 to 18	4	24																		
19 to 24	3	18																		
		<b>108</b>																		



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	<p>When two (2) or more teams have the same points and the same places in Total Results, points for the Snatch and Clean &amp; Jerk are also calculated to determine the final classification within the tie.</p> <p>If the Host Country does not qualify quota places through the 2014 and 2015 IWF World Championships, its athletes will not receive team points nor will be included in the ranking; the overall ranking and points in the Team Classification will be upgraded accordingly.</p>	
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Number of Quota Places	Qualification Event	Quota Place Allocated to:																					
<b>31</b>	<p><b>2016 Continental Qualification Events</b></p> <p>One (1) Continental Qualification Event will be held in 2016 for each continent. Only NOCs which have not gained any quota places in the 2014 and 2015 IWF World Championships are eligible to win quota places at the Continental Qualification Events.</p> <p>The location, date and organisers of the Continental Qualification Events are designated by the IWF and will be finalised by 31 December 2015.</p> <p>NOCs earn quota places according to their position in the Team Classification of the Continental Qualification Event.</p> <table border="1" style="margin: 10px auto; border-collapse: collapse;"> <thead> <tr style="background-color: #cccccc;"> <th style="padding: 5px;">NOC's ranking in Team Classification</th> <th style="padding: 5px;">Number of quota places per NOC</th> <th style="padding: 5px;">Total number of quota places</th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;"><b>From Africa:</b> 1 – 5</td> <td align="center" style="padding: 5px;">1</td> <td align="center" style="padding: 5px;">5</td> </tr> <tr> <td style="padding: 5px;"><b>From Asia:</b> 1 - 7</td> <td align="center" style="padding: 5px;">1</td> <td align="center" style="padding: 5px;">7</td> </tr> <tr> <td style="padding: 5px;"><b>From Europe:</b> 1 - 7</td> <td align="center" style="padding: 5px;">1</td> <td align="center" style="padding: 5px;">7</td> </tr> <tr> <td style="padding: 5px;"><b>From Pan-America:</b> 1 - 7</td> <td align="center" style="padding: 5px;">1</td> <td align="center" style="padding: 5px;">7</td> </tr> <tr> <td style="padding: 5px;"><b>From Oceania:</b> 1 – 5</td> <td align="center" style="padding: 5px;">1</td> <td align="center" style="padding: 5px;">5</td> </tr> <tr> <td style="padding: 5px;"><b>Total: 31 NOCs</b></td> <td align="center" style="padding: 5px;"><b>1</b></td> <td align="center" style="padding: 5px;"><b>31</b></td> </tr> </tbody> </table> <p>The team points are earned by maximum six (6) athletes per NOC and only for the Total Results as per the IWF TCRR Section 6.8.3 and 6.8.5. (<a href="http://www.iwf.net/wp-content/uploads/downloads/2013/10/IWF-TCRR-September-2013.pdf">http://www.iwf.net/wp-content/uploads/downloads/2013/10/IWF-TCRR-September-2013.pdf</a>). The best six (6) athletes' results will be considered for the Team Classification.</p> <p>When two (2) or more teams have the same points and the same places in Total Results, points for the Snatch and Clean &amp; Jerk are also calculated to determine the final classification within the tie.</p>	NOC's ranking in Team Classification	Number of quota places per NOC	Total number of quota places	<b>From Africa:</b> 1 – 5	1	5	<b>From Asia:</b> 1 - 7	1	7	<b>From Europe:</b> 1 - 7	1	7	<b>From Pan-America:</b> 1 - 7	1	7	<b>From Oceania:</b> 1 – 5	1	5	<b>Total: 31 NOCs</b>	<b>1</b>	<b>31</b>	<b>NOC</b>
NOC's ranking in Team Classification	Number of quota places per NOC	Total number of quota places																					
<b>From Africa:</b> 1 – 5	1	5																					
<b>From Asia:</b> 1 - 7	1	7																					
<b>From Europe:</b> 1 - 7	1	7																					
<b>From Pan-America:</b> 1 - 7	1	7																					
<b>From Oceania:</b> 1 – 5	1	5																					
<b>Total: 31 NOCs</b>	<b>1</b>	<b>31</b>																					



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	<p>Athletes from the Host Country will not receive team points nor will be included in the ranking; the overall ranking and points in the Team Classification will be upgraded accordingly.</p>	
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Number of Quota Places	Qualification Event	Quota Place Allocated to:
<b>8</b>	<p><b>Individual Qualification</b></p> <p>Eight (8) quota places are allocated based on the Olympic Qualification Ranking List of 20 June 2016.</p> <p>Individual qualification places are allocated to the athletes, ranked in the top 15 in each bodyweight category, from NOCs which have not gained any quota places through the 2014 and 2015 IWF World Championships or the Continental Qualification Events.</p> <p>If more than eight (8) weightlifters meet these conditions, the IWF will select the eight (8) best ranked athletes based on the Olympic Qualification Ranking List.</p> <p>If less than eight (8) weightlifters qualify under the conditions of individual qualification, the remaining places will be allocated by the IWF according to the procedure in place to reallocate unused qualification places as described in Chapter <b>F. Reallocation of Unused Quota Places</b>.</p> <p>The Olympic Qualification Ranking List is established from the results of the highest ranked athlete per NOC per bodyweight category, in the following Qualification Events (events subject to IWF Anti-Doping Policy):</p> <ul style="list-style-type: none"> <li>- 2014 Commonwealth Games</li> <li>- 2014 IWF World Championships</li> <li>- 2014 Asian Games</li> <li>- 2014 IWF Grand Prix(s)</li> <li>- 2015 IWF Junior World Championships</li> <li>- 2015 Pacific Games</li> <li>- 2015 Pan-American Games</li> <li>- 2015 IWF World Championships</li> <li>- 2015 IWF Grand Prix(s)</li> <li>- 2016 Continental Qualification Events</li> <li>- 2016 IWF Grand Prix(s)</li> </ul> <p>Individual Qualification is attributed to the respective athlete by name, who can only participate in the Olympic Games in the bodyweight category in which he achieved the qualification place.</p> <p>An NOC can qualify a maximum of one (1) male weightlifter under the criteria of Individual Qualification. Should more than one (1) athlete from an NOC achieve qualification under these criteria, the NOC can decide which of these athletes will get the quota place.</p>	<b>Athlete</b>



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**WOMEN**

Number of Quota Places	Qualification Event	Quota Place Allocated to:															
67	<p><b>2014 and 2015 IWF World Championships</b></p> <p>NOCs earn quota places according to their position in the combined Team Classification by points, adding those scored in the 2014 and 2015 IWF World Championships.</p> <table border="1" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th style="background-color: #cccccc;">NOC's ranking in the combined Team Classification</th> <th style="background-color: #cccccc;">Number of quota places per NOC</th> <th style="background-color: #cccccc;">Total Number of quota places</th> </tr> </thead> <tbody> <tr> <td align="center">1 to 9</td> <td align="center">4</td> <td align="center">36</td> </tr> <tr> <td align="center">10 to 16</td> <td align="center">3</td> <td align="center">21</td> </tr> <tr> <td align="center">17 to 21</td> <td align="center">2</td> <td align="center">10</td> </tr> <tr> <td></td> <td></td> <td align="center"><b>67</b></td> </tr> </tbody> </table> <p>The team points at both World Championships are earned by maximum four (4) athletes per NOC and only for the Total Results as per the IWF Technical and Competition Rules &amp; Regulations (IWF TCRR) Section 6.8.3 and 6.8.5. (<a href="http://www.iwf.net/wp-content/uploads/downloads/2013/10/IWF-TCRR-September-2013.pdf">http://www.iwf.net/wp-content/uploads/downloads/2013/10/IWF-TCRR-September-2013.pdf</a>).</p> <p>The best four (4) athletes' results will be considered for the Team Classification.</p> <p>When two (2) or more teams have the same points and the same places in Total Results, points for the Snatch and Clean &amp; Jerk are also calculated to determine the final classification within the tie.</p> <p>If the Host Country does not qualify quota places through the 2014 and 2015 IWF World Championships, its athletes will not receive team points nor will be included in the ranking; the overall ranking and points in the Team Classification will be upgraded accordingly.</p>	NOC's ranking in the combined Team Classification	Number of quota places per NOC	Total Number of quota places	1 to 9	4	36	10 to 16	3	21	17 to 21	2	10			<b>67</b>	<b>NOC</b>
NOC's ranking in the combined Team Classification	Number of quota places per NOC	Total Number of quota places															
1 to 9	4	36															
10 to 16	3	21															
17 to 21	2	10															
		<b>67</b>															

Number of Quota Places	Qualification Event	Quota Place Allocated to:
24	<p><b>2016 Continental Qualification Events</b></p> <p>One (1) Continental Qualification Event will be held in 2016 for each continent. Only NOCs which have not gained any quota places in the 2014 and 2015 IWF World Championships are eligible to win quota places at the Continental Qualification Events.</p> <p>The location, date and organisers of the Continental Qualification Events are designated by the IWF and will be finalised by 31 December 2015.</p> <p>NOCs earn quota places according to their position in the Team Classification of the Continental Qualification Event.</p>	<b>NOC</b>



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NOC's ranking in Team Classification	Number of quota places per NOC	Total number of quota places
<b>From Africa:</b> 1 – 4	1	4
<b>From Asia:</b> 1 - 6	1	6
<b>From Europe:</b> 1 - 6	1	6
<b>From Pan-America:</b> 1 - 4	1	4
<b>From Oceania:</b> 1 – 4	1	4
<b>Total: 24 NOCs</b>	<b>1</b>	<b>24</b>

The team points are earned by maximum four (4) athletes per NOC and only for the Total Results as per the IWF TCRR Section 6.8.3 and 6.8.5. (<http://www.iwf.net/wp-content/uploads/downloads/2013/10/IWF-TCRR-September-2013.pdf>). The best four (4) athletes' results will be considered for the Team Classification.

When two (2) or more teams have the same points and the same places in Total Results, points for the Snatch and Clean & Jerk are also calculated to determine the final classification within the tie.

Athletes from the Host Country will not receive team points nor will be included in the ranking; the overall ranking and points in the Team Classification will be upgraded accordingly.

Number of Quota Places	Qualification Event	Quota Place Allocated to:
7	<p><b>Individual Qualification</b></p> <p>Seven (7) quota places are allocated based on the Olympic Qualification Ranking List of 20 June 2016.</p> <p>Individual qualification places are allocated to the athletes, ranked in the top 10 in each bodyweight category, from NOCs which have not gained any quota places through the 2014 and 2015 IWF World Championships or the Continental Qualification Events.</p> <p>If more than seven (7) weightlifters meet these conditions, the IWF will select the seven (7) best ranked athletes based on the Olympic Qualification Ranking List.</p> <p>If less than seven (7) weightlifters qualify under the conditions of individual qualification, the remaining places will be allocated by the IWF according</p>	<b>Athlete</b>



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	<p>to the procedure in place to reallocate unused qualification places as described in Chapter <b>F. Reallocation of Unused Quota Places</b>.</p> <p>The Olympic Qualification Ranking List is established from the results of the highest ranked athlete per NOC per bodyweight category, in the following Qualification Events (events subject to IWF Anti-Doping Policy):</p> <ul style="list-style-type: none"><li>- 2014 Commonwealth Games</li><li>- 2014 IWF World Championships</li><li>- 2014 Asian Games</li><li>- 2014 IWF Grand Prix(s)</li><li>- 2015 IWF Junior World Championships</li><li>- 2015 Pacific Games</li><li>- 2015 Pan-American Games</li><li>- 2015 IWF World Championships</li><li>- 2015 IWF Grand Prix(s)</li><li>- 2016 Continental Qualification Events</li><li>- 2016 IWF Grand Prix(s)</li></ul> <p>Individual Qualification is attributed to the respective athlete by name, who can only participate in the Olympic Games in the bodyweight category in which she achieved the qualification place.</p> <p>An NOC can qualify a maximum of one (1) female weightlifter under the criteria of Individual Qualification. Should more than one (1) athlete from an NOC achieve qualification under these criteria, the NOC can decide which of these athletes will get the quota place.</p>	
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### HOST COUNTRY PLACES

The Host Country can qualify quota places at the 2014 and 2015 IWF World Championships.

If the Host Country qualifies quota places at the 2014 and 2015 IWF World Championships, the unused Host Country places will be reallocated as per the process described below in the section **Reallocation of Unused Host Country Places**.

If the Host Country does not qualify any quota place at the 2014 and 2015 IWF World Championships, the Host Country is guaranteed five (5) quota places, three (3) for men and two (2) for women.

The Host Country must confirm if they will accept any allocated Host Country places, and indicate the events where these athletes will be entered, by 20 June 2016.

### TRIPARTITE COMMISSION INVITATION PLACES

Ten (10) Tripartite Commission Invitation Places are made available to eligible NOCs at the Rio 2016 Olympic Games: six (6) for men and 4 (four) for women.

On 15 October 2015, the International Olympic Committee will invite all eligible NOCs to submit their requests for Tripartite Commission Invitation Places. The deadline for NOCs to submit their requests is 15 January 2016. The Tripartite Commission will confirm, in writing, the allocation of invitation places to the relevant NOCs after the end of the qualification period for the concerned sport.





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Detailed information on Tripartite Invitation places is contained in the “*Games of the XXXI Olympiad, Rio 2016 - Olympic Games Tripartite Commission Invitation Places - Allocation Procedure and Regulations*”.

### E. CONFIRMATION PROCESS FOR QUOTA PLACES

Following each qualification event, IWF will publish the results on its website ([www.iwf.net/results](http://www.iwf.net/results)). IWF will inform the respective NOCs of their allocated quota places by latest by 20 June 2016. The NOCs will then have 15 days to confirm if they wish to use these quota places, as detailed in paragraph **H. Qualification Timeline**.

### F. REALLOCATION OF UNUSED QUOTA PLACES

#### REALLOCATION OF UNUSED QUALIFICATION PLACES

If a quota place allocated is not confirmed by the NOC by the confirmation of quota place deadline or is declined by the NOC, the quota place will be reallocated in the respective gender, as follows:

- If the NOC qualified through the 2014 and 2015 IWF World Championships, the quota place will be reallocated to the best ranked NOC at the 2014 and 2015 IWF World Championships, not yet qualified.
- If the NOC qualified through the Continental Qualification Event, the quota place will be reallocated to the next best ranked NOC at the respective event, not yet qualified.
- If the athlete qualified through the Individual Qualification, the quota place will be reallocated to the next best ranked athlete on the Olympic Qualification Ranking List of 20 June 2016 whose NOC has not yet qualified a quota place. In case of a tie, the NOC which participated in the highest number of qualification events will get the quota place.

#### REALLOCATION OF UNUSED HOST COUNTRY PLACES

Should the Host Country qualify quota places at the 2014 and 2015 IWF World Championships or decline any Host Country place(s), unused Host Country place(s) will be reallocated to the best ranked NOC at the 2014 and 2015 IWF World Championships, not yet qualified.

#### REALLOCATION OF UNUSED TRIPARTITE COMMISSION INVITATION PLACES

If the Tripartite Commission is not able to allocate a Tripartite Commission Invitation Place, it will be reallocated to NOCs, not yet qualified through the qualification events from the least represented continents according to the following criteria, in order of priority, only to NOCs with no quota obtained in the respective gender:

1. NOCs that participated in the 2014 and/or 2015 IWF World Championships
2. NOCs that participated in the Continental Qualification Event
3. Universality



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### G. QUALIFICATION TIMELINE

Date	Milestone
<b>19 June 2014 – 19 June 2016</b>	Qualification Period
<b>4 – 16 November 2014</b> <b>TBD</b> <b>TBD</b> <b>20 – 29 November 2015</b> <b>TBD</b> <b>1 January 2016 – 19 June 2016 (TBD by 31 December 2015)</b> <b>TBD</b>	2014 IWF World Championships, Almaty, KAZ 2014 IWF Grand Prix(s) 2015 IWF Junior World Championships, Warsaw, POL 2015 IWF World Championships, Houston, USA 2015 IWF Grand Prix(s) 2016 Continental Qualification Events (TBD*)  2016 IWF Grand Prix(s)
<b>15 January 2016</b>	Deadline for NOCs to submit their requests for Tripartite Commission Invitation Places
<b>20 June 2016</b>	Olympic Qualification Ranking Lists for Individual Qualification published IWF to inform NOCs/NFs of their allocated quota places
<b>20 June 2016</b>	Host NOC to confirm the use of any allocated Host Country Places, including the choice of events
<b>By 25 June 2016</b>	The Tripartite Commission to confirm in writing the allocation of Invitation Places to the NOCs
<b>5 July 2016</b>	NOCs to confirm use of allocated quota places to IWF
<b>10 July 2016</b>	IWF to reallocate all unused quota places
<b>18 July 2016</b>	Rio 2016 Sport Entries deadline

\*To Be Determined